

The Power to Change Organisations

Day 2 of the Inner Quality Management® Program

The pressures on organisational cultures to be coherent and perform brilliantly at a time of rapid change are greater than ever. Business success is only possible when there is coherence - alignment - between personal and professional performance, personal and professional goals, and personal and professional strategies.

The Power to Change Organisations Workshop is based on the premise that when people have tools to manage their intellectual and emotional processes they become active creators of a healthy, productive workplace climate and even regain organisational vitality where it may have been lost. Once a critical mass of individuals within a team, department, division or the whole organisation reaches a new level of mental and emotional self-management it will create a momentum that cannot be stopped. As a result, the organisation will become more resilient, adaptable, innovative, productive and efficient. And a better place to work.

Enables you & your organization to quickly reduce stress and shift to optimal learning and high performance states.

Our Power to Change Performance program (see other fact sheet) focuses on the first two dynamics of IQM: Internal Self- Management and Coherent Communication. In day two your team will cover information and learn skills that relate to the other critical elements of creating coherent organisations - Boosting Organisational Climate and Strategic Processes of Renewal.

The same qualities that boost individual health and performance are also essential for an organisation's health and performance. *The Power to Change Organisations* applies the theories of coherence and tools learned in The Power to Change Performance workshop, to the organisation.

In this one-day workshop you'll learn:

- the elements of a healthy and productive workplace climate
- how to build and sustain resilient teams
- the keys to making well-informed decisions under pressure
- how to generate innovative ideas and bring them to practical application
- how to conduct more efficient and productive meetings
- innovative strategies for creating a strong organisational culture and esprit de corps
- practical tools for creative decision-making and strategic thinking

Participant materials include:

Power to Change Organisations guidebook

Prerequisite:

This program assumes participants have had a Power to Change Performance® workshop

“The most noticeable outcome from the HeartMath program has been a big shift in the relationships in the management team, which was immediately noticeable by the staff and generated a positive, caring culture for the customers.”

Laura Page, HR Director